

Daily Schedule - Men's Program

SATURDAY

8:00	Wake Up
8:15	Breakfast
9:00-12:00	Work Duty
12:15	Lunch
2:00-4:00	Visits/Phone Calls/Free Time
5:15	Dinner
6:30-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:10	Study Hall Break
8:10-9:00	Study Hall
9:00-10:00	Showers/Quiet Time/Dorm Life*
10:00-10:15	Devotions
10:30	Lights out

MEDICATION TIMES

- 8:30-9:00 AM
- 12:30-1:00 PM
- 5:30-6:00 PM
- 9:30-10:00 PM

SUNDAY

6:30	Wake Up
6:45	Breakfast
9:00-10:30	Church
1:00	Dinner
2:00-4:00	Visits/Phone Calls/Free Time
4:00-5:00	Showers
5:00-7:30	Church
8:30	Snacks
9:00-10:00	Quiet Time/Dorm Life*
10:30	Lights Out

MEDICATION TIMES

- 7:00-7:30 AM
- 1:15-1:45 PM
- 9:30-10:00 PM

MONDAY

8:00	Wake Up
8:15	Breakfast
10:00-11:00	1 st Bible Class
11:00-12:00	2 nd Bible Class
12:15	Lunch
1:00-5:00	Work Duty
5:15	Dinner
6:30-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:10	Study Hall Break
8:10-9:00	Study Hall
9:00-10:00	Showers/Quiet Time/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

MEDICATION TIMES

- 8:30-9:00 AM
- 12:30-1:00 PM
- 5:30-6:00 PM
- 9:30-10:00 PM

TUESDAY - THURSDAY

6:30	Wake Up
6:45	Breakfast
8:00-9:40	Chapel
10:00-11:00	1 st Bible Class
11:00-12:00	2 nd Bible Class
12:15	Lunch
1:00-5:00	Work Duty
5:15	Dinner
6:30-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:10	Study Hall Break
8:10-9:00	Study Hall
9:00-10:00	Showers/Quiet Time/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

MEDICATION TIMES

- 7:00-7:30 AM
- 12:30-1:00 PM
- 5:30-6:00 PM
- 9:30-10:00 PM

FRIDAY

6:30	Wake Up
6:45	Breakfast
8:00-11:00	Chapel
11:00-12:00	Bible Class
12:15	Lunch
1:00-5:00	Work Duty
5:15	Dinner
6:30-7:00	Prayer
7:15-8:00	Study Hall
8:00-8:10	Study Hall Break
8:10-9:00	Study Hall
9:00-10:00	Showers/Quiet Time/Dorm Life*
10:00-10:15	Devotions
10:30	Lights Out

MEDICATION TIMES

- 7:00-7:30 AM
- 12:30-1:00 PM
- 5:30-6:00 PM
- 9:30-10:00 PM

*Dorm life is a quiet time spent inside the dorm to write letters home, listen to gospel music, and read the Bible.